

LEARN MORE ABOUT THIS PROJECTS:

Thank you for participating in our service project kit initiative! Breakfast bags provide recipients with a nutritious meal to start their day and gives them dignity. This exemplifies the Jewish value of human dignity, which in Hebrew is *kavod ha'adam* and translated to "honor of humans."

DID YOU KNOW?

Facts About Food Insecurity:

- The United States Department of Agriculture (USDA) defines food insecurity as a lack of access at all times to enough food for an active, healthy life.
- More than 12% of Americans – nearly 44 million people – face food insecurity.
- 1 in every 3 children in Baltimore City are food insecure and don't receive the healthy foods they need to thrive and succeed.

A JEWISH LENS:

Pirkei Avot, a book of Rabbinical teachings, known in English as *The Ethics of Our Ancestors*, is made up of short statements of advice, ethics, and wisdom. One of the prominent 2nd Century scholars whose teachings are featured in *Pirkei Avot* is Ben Zoma.

Ben Zoma said... "Who is honored? He who honors his fellow human beings." - *Pirkei Avot (Ethics of Our Ancestors)*, 4:1

By putting together these kits, we are putting the value of human dignity into action by meeting urgent needs and allowing people to more easily care for themselves for a short time.

CONSIDER THIS:

- What does it mean to show honor and care to others?
- In what ways do you like others to show their respect for you?
- What is something that you can do to care for yourself?