



Service Project Kit:

Breakfast Bags

DESCRIPTION:

Assemble breakfast bags for individuals experiencing food insecurity.

MATERIALS:

- Brown bag or gallon sized Ziploc bag
- Muffin (homemade or store bought)
- Shelf-stable juice or bottled water
- Snack (granola bar, trail mix, or single-serve cereal)
- Fruit cup or applesauce

INSTRUCTIONS:

1. Decorate your bags or write a friendly note for the recipient. Some examples of messages include: "Enjoy your breakfast!" or "Have a great day!"
2. Fill your bags with one muffin, one drink, one snack, and one fruit item.
3. Clearly label the outside of your bag with all contents of the breakfast and any allergens.

